



IS EUCHARIST THE REAL BODY AND BLOOD OF CHRIST?

And He took bread, gave thanks and broke *it*, and gave *it* to them, saying, "This is My body which is given for you; do this in remembrance of Me." Luke 22:19

Eucharist = Giving Thanks

Is Eucharist the REAL body and Blood of Christ?

The confirmation of our Lord Himself:

⁴¹ The Jews then complained about Him, because He said, "I am the bread which came down from heaven." ... ⁴³ Jesus therefore answered and said to them, "Do not murmur among yourselves... ⁴⁷ Most assuredly, I say to you, he who believes in Me has everlasting life. ⁴⁸ I am the bread of life. ⁴⁹ Your fathers ate the manna in the wilderness, and are dead. ⁵⁰ This is the bread which comes down from heaven, that one may eat of it and not die. ⁵¹ I am the living bread which came down from heaven. If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world." ⁵² The Jews therefore quarreled among themselves, saying, "How can this *Man* give us *His* flesh to eat?" ⁵³ Then Jesus said to them, "Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you. ⁵⁴ Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. ⁵⁵ For My flesh is food indeed, and My blood is drink indeed. ⁵⁶ He who eats My flesh and drinks My blood abides in Me, and I in him.

⁶⁰ Therefore many of His disciples, when they heard *this*, said, "This is a hard saying; who can understand it?" ... ⁶⁶ From that *time* many of His disciples went back and walked with Him no more. ⁶⁷ Then Jesus said to the twelve, "Do you also want to go away?" **John 6:35-67**

The Early Church of the Apostles:

²³ For I received from the Lord that which I also delivered to you: that the Lord Jesus on the *same* night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke *it* and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me." ²⁵ In the same manner *He* also *took* the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink *it*, in remembrance of Me." ²⁶ For as often as you eat this bread

and drink this cup, you proclaim the Lord's death till He comes. ²⁷ Therefore whoever eats this bread or drinks *this* cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. ²⁸ But let a man examine himself, and so let him eat of the bread and drink of the cup. ²⁹ For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. ³⁰ For this reason many *are* weak and sick among you, and many sleep. ³¹ For if we would judge ourselves, we would not be judged. **1 Corinthians 11:23-31**

¹⁶ The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? ¹⁷ For we, though many, are one bread and one body; for we all partake of that one bread. **1 Corinthians 10:16-17**

⁴² And they continued steadfastly in the apostles' doctrine and fellowship, in the breaking of bread, and in prayers... ⁴⁶ So continuing daily with one accord in the temple, and breaking bread from house to house, they ate their food with gladness and simplicity of heart, **Acts 2:42, 46**

⁷ Now on the first *day* of the week, when the disciples came together to break bread, Paul, ready to depart the next day. **Acts 20:7**

The Didache (teaching of the Apostles 80-100 AD) chapter 9, 10 speaking about Eucharist and celebrating it.

The Old Testament prophecies and symbols of Eucharist:

1. the offering of Melchizedek:

¹⁸ Then Melchizedek king of Salem brought out bread and wine; he *was* the priest of God Most High. **Genesis 14:18**

¹ For this Melchizedek, ... translated "king of righteousness," and then also king of Salem, meaning "king of peace," ³ without father, without mother, without genealogy, having neither beginning of days nor end of life, but made like the Son of God, remains a priest continually. **Hebrews 7:1-3**

2. The Manna in the wilderness after crossing the red sea:

¹ Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, ² all were baptized into Moses in the cloud and in the sea, ³ all ate the same spiritual food, ⁴ and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ. **1 Corinthians 10:1-4**

3. Passover Exodus 12

For Christ, our Passover lamb, has been sacrificed. **1 Corinthians 5:7**

4. Many places in the OT:

Wisdom has built her house; she has hewn out its seven pillars. She has prepared her meat and mixed her wine; she has also set her table. She has sent out her maids, and she calls from the highest point of the city. "Let all who are simple come in here!" she says to those who lack judgment. "Come, eat my food and drink the wine I have mixed. **Proverbs 9:1-5**

The LORD is my shepherd, I shall not be in want. ...You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. **Psalms 23:1-6**