



## **Coping with Loneliness**

*“It is not good that man should be alone.”* Genesis 2:18

### **2 TIMOTHY 4:6-21**

For I am already being poured out as a drink offering, and the time of my departure is at hand. <sup>7</sup> I have fought the good fight, I have finished the race, I have kept the faith. <sup>8</sup> Finally, there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing.

<sup>9</sup> Be diligent to come to me quickly; <sup>10</sup> for Demas has forsaken me, having loved this present world, and has departed for Thessalonica—Crescens for Galatia, Titus for Dalmatia. <sup>11</sup> Only Luke is with me. Get Mark and bring him with you, for he is useful to me for ministry. <sup>12</sup> And Tychicus I have sent to Ephesus.

<sup>13</sup> Bring the cloak that I left with Carpus at Troas when you come—and the books, especially the parchments. <sup>14</sup> Alexander the coppersmith did me much harm. May the Lord repay him according to his works. <sup>15</sup> You also must beware of him, for he has greatly resisted our words. <sup>16</sup> At my first defense no one stood with me, but all forsook me. May it not be charged against them.

<sup>17</sup> But the Lord stood with me and strengthened me, so that the message might be preached fully through me, and that all the Gentiles might hear. Also I was delivered out of the mouth of the lion. <sup>18</sup> And the Lord will deliver me from every evil work and preserve me for His heavenly kingdom. To Him be glory forever and ever. Amen!

<sup>19</sup> Greet Prisca and Aquila, and the household of Onesiphorus. <sup>20</sup> Erastus stayed in Corinth, but Trophimus I have left in Miletus sick. <sup>21</sup> Do your utmost to come before winter.

### **I. FOUR CAUSES OF LONELINESS**

1. \_\_\_\_\_ (verses 6-8)

2. \_\_\_\_\_ (verses 9, 10, 21)

3. \_\_\_\_\_ (verses 14, 15)

4. \_\_\_\_\_ (verse 10)

## II. HOW TO COPE WITH LONELINESS

1. UTILIZE MY \_\_\_\_\_ (verse 13)

2. LET GO OF MY \_\_\_\_\_ (verse 16)

3. LOOK TO THE \_\_\_\_\_ OF OTHERS (verse 17)

4. RECOGNIZE GOD'S \_\_\_\_\_ (verse 17-18)

*"I will not leave you orphans; I will come to you."* John 14:18

*"Lo, I am with you always, even to the end of the age."* Matthew 28:20