

## Upcoming Events

- 10/19 Project Playtime Volunteer Opportunity
- 10/28 Dare to Be Women's Event deadline
- 10/22 Love Your City
- 10/23 Lunch Leisure Group, Rus Uz
- 11/11-13 High School Retreat
- 12/2-3 Women's Retreat

## Challenges

### Challenge 1 (NATURALIST)

Dedicate a 20-30 minute period to going outside with your Bible sometime this week. Choose a day/time where the weather is nice and meditate on God's Word while feasting your eyes on the natural beauty that God has created.

### Challenge 2 (SENSATE)

Dedicate a 15-20 minute period to listening to Christian music or church hymns or anything that inspires you musically. The goal is to allow the music to lead you to prayer. So try to turn the song into prayer.

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[facebook.com/stsachurch](https://www.facebook.com/stsachurch)  
[twitter.com/stsachurch](https://twitter.com/stsachurch)  
STSA app: [a3a.me/stsa](https://a3a.me/stsa)



## Welcome to The Well



### COFFEE'S ON US

Enjoy a hot cup of coffee and snacks.



### WE'D LOVE TO MEET YOU

Stop by the Connection Table so we can get to know each other.



### FILL YOUR BUCKET

We'll start soon with a time of praise followed by an inspiring message.

## Finding Your Flavor



## Naturalists and Sensates

October 16, 2016

## *The Naturalist*

### LOVING GOD THROUGH NATURE

“Your mercy, O Lord, is in the heavens; Your faithfulness reaches to the clouds. Your righteousness is like the great mountains; Your judgments are a great deep” Psalm 36:5-6

“When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained, what is man that You are mindful of him, and the son of man that You visit him?” Psalm 8:3-4

“Bless the Lord, O fire and heat, praise Him and exalt Him above all forever... Bless the Lord, O you dew and winds... Bless the Lord, O light and darkness... Bless the Lord, all the earth... Bless the Lord, O you mountains and all hills... Bless the Lord, all you things that spring upon the earth, praise Him and exalt Him above all forever.” Third Canticle of Midnight Praises

“My book philosopher, is the nature of created things, and as often as I have a mind to read the words of God, it is at my hand.” St. Anthony the Great

*Nature helps me see the \_\_\_\_\_ and  
\_\_\_\_\_ of God*

“He heals the brokenhearted and binds up their wounds. He counts the number of the stars; He calls them all by name.” Psalm 147:3-4

*Nature helps me to see the \_\_\_\_\_ and  
\_\_\_\_\_ of God*

“The heavens declare the glory of God; the skies proclaim the work of his hands. Day after day they pour forth speech; night after night they reveal knowledge.” Psalm 19:1-2

**THE DANGER:** \_\_\_\_\_

## *The Sensate*

### LOVING GOD THROUGH SENSES

**SIGHT:** “See, the Lord has called by name Bezalel the son of Uri... and He has filled him with the Spirit of God, in wisdom and understanding, in knowledge and all manner of workmanship, to design artistic works, to work in gold and silver and bronze, in cutting jewels for setting, in carving wood, and to work in all manner of artistic workmanship.” Exodus 35:30-33

**SOUND:** “Praise Him with the sound of the trumpet; praise Him with the lute and harp! Praise Him with the timbrel and dance; praise Him with stringed instruments and flutes! Praise Him with loud cymbals; praise Him with clashing cymbals!” Psalm 150:3-5

**SMELL:** “In every place incense shall be offered to My name” Malachi 1:11

**THE DANGER: SUBSTITUTING \_\_\_\_\_  
FOR \_\_\_\_\_**

“These people draw near to Me with their mouth, and honor Me with their lips, but their heart is far from Me. And in vain they worship Me.” Matthew 15:8-9