### WHETHER YOU'RE JUST VISITING OR LOOKING TO STAY, IT'S GREAT TO HAVE YOU WITH US!

## **WELCOME**

COFFEE'S ON US Enjoy a hot cup of coffee and snacks.

WE'D LOVE TO MEET YOU Stop by the Connection Table so we can get to know each other.

FILL YOUR BUCKET The Well starts with a time of praise followed by an inspiring message.

### **03/4 VOLUNTEER ORIENTATION CALENDAR** 3/17 LOVE YOUR CITY (LYC)

3/16

HIGH SCHOOL RETREAT

3/16 GLOBETROTTERS GAME



# BUILDING BLOCKS: A LIFE OF PRAYER

CONTACT



@STSACHURCH

@STSACHURCH U

INFORMATION@STSA.CHURCH

APP STORE: STSA



AN ORDINARY PLACE WHERE EXTRAORDINARY THINGS HAPPEN

STSA.CHURCH/THEWELL

february 25, 2018

### PART 2: SIMPLE PRAYER

"casting all your care upon Him, for He cares for you." 1 Peter 5:7

"Good" prayer isn't measured by length or eloquence, but by

\_\_\_\_\_ and \_\_\_\_\_.

"We must lay before Him what is in us, not what ought to be in us." C.S. Lewis

"The one who comes to Me I will by no means cast out." John 6:37

SIMPLE PRAYER: Ordinary \_\_\_\_\_\_ bringing ordinary

\_\_\_\_\_ to an extraordinary Father.

"There is no stage of prayer so sublime that it isn't necessary to return often to the beginning." Teresa of Avila

01 STRIVE FOR \_\_\_\_\_, NOT

-MOVING

"My heart is not proud, Lord, my eyes are not haughty; I do not concern myself with great matters or things too wonderful for me. But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content." Psalm 131:1-2

"wasting time with God"

02 START WITH \_\_\_\_\_\_, NOT \_\_\_\_\_

"We, calling on the name of Christ crucified, chase away all the demons you fear as gods." St. Anthony the Great

03 SPEAK TO A \_\_\_\_\_\_, NOT A \_\_\_\_\_

"But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly." Matthew 6:6

"Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms. Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." James 5:13-14

"For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin." Hebrews 4:15

#### THIS WEEK'S BUILDING BLOCK:

Set your alarm to ring 3-4 times throughout the day, every day this week. Then stop what you're doing and pray for 30 seconds. Be honest, sincere and vulnerable and tell God what's on your heart.